



# Official Touch of Texas Volleyball Rules

Double Elimination

## Warm Ups

Warm ups will be 10 minutes before the First match and Final's match, 5 minutes before all other matches.

## Rally Scoring

A point is scored on every serve; the offense scores when the defense misses the ball or the ball lands on the opposing side and vice versa. Each team can score a point regardless of whether or not they are serving.

## Rotation

All players rotate clockwise. Players under 18 yrs are welcome; for every player under 18 on a team, there must be a player over 21 years old on that team.

## 4-6 Players

COED → 2 female minimum.

## Serve

Each player takes a turn as a server until their serve is lost by SIDEOUT of the opposing team. The player in position 1 (back right) should be the server.

- Players may serve overhand or underhand.
- The player serving must stand behind the back boundary line and remain out of bounds until the ball has left their hands.
- There should be no service until all players are aware that gameplay is about to start.
- Each player takes a turn as a server until their serve is lost by SIDEOUT of the opposing team.
- The player in position 1 (back right) should be the server.
- The serve must go over the net and land inbounds on the opposite side.
  - Serves that hit the net are still in play if the ball falls on the opposite side
  - If a serve hits the boundary poles it is considered out and the play is stopped
- No player is allowed to BLOCK or ATTACK a serve
  - This does not include SETTING. Setting a serve is allowed
- Players must remain in their starting positions until the serve crosses the net

## Violations

The opposing team gets one point scored and is awarded a serve if...

- The ball hits the ground inbounds on your side of the net
- You touch the top lining of the net or touch the ground on the opposite side under the net while the ball is in play
  - Players may not reach over the net unless they are FOLLOWING THROUGH attack or blocking (ie: no goaltending a 2nd ball not intended to go over the net)
- After your team touches the ball and it touches the ground anywhere out of the boundary line
  - If the ball hits any part of the boundary line it is inbounds
- You touch the ball more than once in sequence
  - A block does not count as a touch
  - A rough double off the serve is allowed
- Your team touches the ball more than 3 times before getting it over the net
  - A block does not count as a touch
- You LIFT or CARRY the ball

## What You Can Do

- Kick the ball
- Head butt the ball
- Hit the ball with the top of an open hand
- Touch the middle/bottom of the net with arms or body (as long as you don't rock the net)

## What You Can't Do

- Hit the ball with your chest while BUMPING
- Block a set/tip that is intended to stay on the opposing team's side of the net
- A back-row player cannot jump in the front row when hitting the ball over the net

**\*\*We will NOT be having referees at any games. We expect our athletes to play honestly and call their own penalties during gameplay. Unfriendly and unsportsmanlike conduct will not be tolerated.\*\***

## Volleyball Court Positions

